

Bananas for Bananas!

- A Are you still hungry?
- B Yeah! Do you have any bananas?
- A Bananas again? Why do you always want to eat a banana?
- B It's my most favorite food.
- A Yuck- O!!
- B I love bananas. I eat one or two every day.
- A They're so squishy and smelly and mushy. Don't you ever get tired of them?
- B Never!
- A There's plenty of other good fruits and vegetables.
- B I know. I eat all different kinds. But bananas are my favorite.
- A What's so good about them?
- B They've got all kinds of vitamins that are good for us. And a ton of potassium.
- A What's potassium?
- B It's a mineral. Our bodies need those too.
- A So I guess you're telling me bananas are really healthy for us, right?
- B Plus they're delicious! You should have a banana with me right now!
- A How about a banana split? I wouldn't mind having one of those ...

- B Well the banana part is good for us, but ... uh ... I don't know about the split ...
- A You know what I think?
- B Not yet ...
- A I think you're bananas for bananas!
- B Thanks! It's the healthy way to be!